

For latest entries scroll to the bottom of the page. This is documenting Stephen Watson's on-going [electronic harassment](#) or [less-than lethal directed energy](#) assaults. Added: [Google calendar](#) (not always updated). Also added definitions: repel effect and goodby effect. Added: A [targeting evidence](#) page with photos and video. New Daily DE Targeting Log on [YouTube](#).

repel effect = is the same as the "goodbye effect" produced by the Active Denial system, except that it will only be on a small spot (maybe four inches across) rather than your whole body. **goodbye effect** = the same as the "repel effect" produced by the Active Denial system, except that it will not only be on a small spot (maybe four inches across) rather than your whole body.

Pictured. [Raytheon's millimeter wave pain compliance weapon](#) technology. The Assault Intervention Device tested in a LA prison and a smaller portable device demonstrated at a trade show.

Saturday April 18, 2020. Moderate targetingTargeted at work on mouth early morning hours. Targeted at home (room rental) on 516 West 174th Street, New York, NY. 10033 basement level while trying to sleep on head around 10AM to noon. Equipment being moved around above me appears to be coming from Apartment #3. It is unclear whether the primary tenant who I signed a one month agreement with named Danilo B is aware of my targeting. The basement area of the building was converted into AirBnB rooms. Danilo was trying monthly rentals due to the coronavirus. There were about four other tenants staying at the basement level also renting out a room. Entry to the basement level was by lockbox outside by entering a gate and walking down steps to access a door toward the back of the building. Not the normal front building access. The perpetrator where the dragging could be heard would be on the first floor located above me.

Sunday April 19, 2020. A break in targetingA break in activity. I feel very little to no directed energy.

Monday April 20, 2020. Moderate targeting, in chest.Targeted at work in chest area, in room rental on 516 West 174th Street while trying to sleep, a runny nose effect that goes away when away from targeting.

Tuesday April 21, 2020. Moderate targeting, in shoulders/ chest.Targeted in room rental on 516 West 174th Street while trying to sleep in shoulders, chest. Equipment heard being moved around above me.

Wednesday April 22, 2020. Moderate targeting, in shoulders/ chest.Targeted in room rental on 516 West 174th Street while trying to sleep. Shoulders, chest area. Equipment heard being moved around above me.

Thursday April 23, 2020. Moderate targeting, fake coldTargeted in room rental on 516 West 174th Street while trying to sleep and during the evening. Fake cold symptoms, runny nose, sore throat. Shoulders, chest area. Equipment heard being moved around above me. Very little at work except when dosing off.

Friday April 24, 2020. Break in activityA break in activity in room rental on 516 West 174th Street. A little clicking noise in the right ear. Some shuffling or dragging around above me.

Saturday April 25, 2020. Targeting pick upA break in the activity during the morning in the room rental on 516 West 174th Street. Apartment owner came by to show room to a woman during the afternoon since I will be moving out on May 1st. Directed energy activity picked up again in the evening. Targeted in throat.

Sunday April 26, 2020. Heavy targetingTargeted while trying to sleep at home during late morning, noon time on 516 West 174th Street. Shoulders, face, head area.

Monday April 27, 2020. Moderate targetingSome directed energy targeting during the morning at 516 West 174th street while trying to sleep.

Tuesday April 28, 2020. Heavy targeting, rhinitis/ nasal inflammation Targeting 4:30 AM at work top of the head, stinging burning sensation, clicks could be heard above me in the security command center work space. I was alone at the time. During the evening mild cold/flu sensation, inflamed nostrils, sourness in throat, and a sensation of back pain, dragging or the placing of equipment can be hear above me. After leaving room rental the sensation dissipates.

Wednesday April 29, 2020. Activity picks up, fake coldA break in activity on 516 West 174th street, some artificial mild cold/flu sensation when waking up in the early morning hours. Directed energy started up around 7:30PM with the dragging of equipment above me and the pain sensation to the head and left shoulder.

Thursday April 30, 2020. Break in activityMy one month stay was up at the room rental on 516 West 147th street in Washington Heights. I was offered an extended one month stay by Danilo B but declined. Pain in the shoulders and dragging of equipment could be heard above me in the early AM hours. There was very little activity late AM, Moved in this afternoon to a weekly Airbnb off the 4 train stop in Queens. The address is 43-40 40th Street, Apartment #2B, Long Island City, NY 11104. A NYPD squad car was out front before my check-in. The AirBnB tenant woman was seen leaving the building and talking to one of the cops.

Friday May 1, 2020. Light targetingOnly light targeting can be felt while staying at AirBnB in Queens. The address is 43-40 40th Street, Apartment #2B, Long Island City, NY 11104, Sunnyside Queens. Light targeting at work to the mouth while trying to eat on my meal break early AM, could feel it on my tongue.

Saturday May 2, 2020. Activity picks upDirected energy activity picks up at the AirBnB at 43-40 40th street, Apartment #2B in Sunnyside Queens in the afternoon while trying to sleep. Is it from the room above or below? I'm on the second floor. Like the room rental on 147th street the back and shoulders is targeted in trying to create pain and discomfort, also top of head. A little clicking could be felt in the right ear before directed energy picks up. I arrived early at work in lower Manhattan and tried to take a nap and the back was targeted.

Sunday May 3, 2020Directed energy activity at the Airbnb on 43-40 40th street, Apartment #2B in Sunnyside Queens is light in the morning. There is the fake cold symptoms where I have a sniffle and some soreness in the throat. I suspect its by directed energy inflaming my nostrils, face, throat. I can feel some light directed energy in the room. Like on 147th street when away from the room I feel normal. In the evening there was very little activity. I'm usually hit hard at least one day during the weekend at home and at work. This weekend it was on a Saturday.

Monday May 4, 2020, Moderate Targeting DayDirected energy activity at the Airbnb on 43-40 40th street, Apartment #2B in Sunnyside Queens in the morning to the stomach and head while trying to sleep.

Tuesday 5/5/2020, Moderate Targeting DayLight activity, some mild fake cold symptoms, woke up in the afternoon, slept most of the night. Light targeting to top of head, chest, stomach in Command Center at work.

Wednesday 4/6/2020, Moderate Targeting DayDay off from work. Targeted on top of head at AirBnB room rental in Queens. Fake cold symptoms, some runny nose. Delivered for Uber Eats during the evening on bicycle. Symptoms dissipated when away from targeting.

Thursday 4/7/2020, Moderate Targeting DayMoved to AirBnB Bushwick, Brooklyn Hostel called Worst Hostel for Creatives, located at 26 Covert Street Apt. 1B, Brooklyn, NY. 11207. Tried to sleep some during the evening after check-in then went to work during the night. There was some targeting Thursday into Friday at work in Lower Manhattan to the stomach also fake cold-like symptoms with some runny nose.

Friday 5/6/2020, Heavy Targeting DayMorning at AirBnB Bushwick, Brooklyn Hostel called Worst Hostel for Creatives, located at 26 Covert Street Apt. 1B, Brooklyn, NY. 11207. Targeted at throat during 10AM to Noon when trying to

sleep, apparently targeted in right ear after putting tissue paper in my ears to block out noise in hostel. I did fall back asleep and woke up during the evening but upon waking up noticed a reduction in hearing like I was targeted in my sleep. It's another form of directed energy assault. Don't know how it happens. It's a form of targeting that nullifies the hearing. This has occurred before while working in Lower Manhattan and the room rental I used to stay at on 393 Edgecombe Ave #32, Washington Heights. Friday into Saturday at work in Lower Manhattan there was heavy targeting to the stomach that resulted in some blood in my stool.

Saturday 5/9/2020, A Break in Targeting Tried to sleep during the morning at AirBnB Bushwick, Brooklyn Hostel called Worst Hostel for Creatives, located at 26 Covert Street Apt. 1B, Brooklyn, NY. 11207. The shared bunk space wasn't working for me, the other person in the room would sleep all day and complained about my mylar blanket making noise, he seemed to become more irritable the short time I was there so I moved to another AirBnB in Manhattan that was a private room. Slept during the evening at the Manhattan AirBnb before going to work at night. There wasn't much harassment activity on Saturday. I slept soundly during those evening hours.

Sunday 5/10/2020 Targeting Pick Up While at Work At Manhattan AirBnB on 27th street, some stomping around could be heard in the morning, light directed energy when trying to sleep, then I fell asleep late morning after posting to Facebook, woke up early afternoon and fell asleep again waking up around 6:00 PM. There was little to no activity during the evening. Went to work at night. Sunday into Monday morning the targeting picked up at work, around 3:00-4:00 AM there was targeting in my stomach, shoulder, and tongue when trying to eat. Some blood in my stool was observed when I later went to use the restroom while patrolling. When the directed energy is active at work there is an audible "clicking" noise from the ceiling above. This has been occurring for some time at the workplace. I've recorded this sound using my Macbook. There was targeting to the top of my head, a slight sensation of stinging pain after 6:00 before leaving work at 7:00 AM.

Monday 5/11/2020 Moderate, Light targeting Monday into Tuesday at work in Lower Manhattan I was tired and felt light directed energy to the head. At Manhattan AirBnB on 27th street there was little directed energy.

Tuesday 5/12/2020, Moderate, Light targeting Some light DE on 27th street AirBnB. I woke up in the early afternoon. Fell asleep late afternoon after updating my Wordpress web site and woke up during the night to go to work in Lower Manhattan. At work there was some fatigue and I was targeted on the head, shoulder, left ear tinnitus. The DE was moderate/light.

Wednesday 5/13/2020, light targeting. Sinus discomfort, possibly from allergies, rhinitis/ nasal inflammation some pain in the shoulders. There doesn't seem to be severe electronic harassment at the 27th street AirBnB in

Little India Manhattan like a person is using equipment at close quarters getting in a room above below me stomping around. Are the NYPD/ Feds/ Intel Contractors too afraid to use the directed energy equipment is largely Muslim areas?

Thursday 5/14/2020, Heavy Targeting to back & head, rhinitis/ nasal inflammation. Sinus discomfort or fake cold symptoms, Pain in the back in the AirBnB at 43-40 40th street, Apartment #2B in Sunnyside Queens. There is a noticeable difference in the Little India apartment on 27th street in Manhattan that had a large Muslim, Indian population and where I am staying now back in Sunnyside Queens. Why did I go back to the Airbnb in Sunnyside Queens? Cheapest rate, not a far commute to work using the subway.

Friday 5/15/2020, Light to a break in targeting While sleeping during the morning at the AirBnB in Sunnyside Queens there was targeting to the stomach causing a burning sensation or discomfort. Woke up twice in the afternoon to use the restroom and fell back asleep. Little to no harassment during the evening after I woke up.

Saturday 5/16/2020, Light to a break in targeting

At the AirBnB in Sunnyside Queens there was targeting to the head during the evening while trying to sleep. Very light or a break in targeting at work in Lower Manhattan during the Saturday PM to Sunday AM shift. Early AM hours at work Friday morning there is mild, noticeable directed energy targeting to the head.

Sunday 5/17/2020, Heavy targeting

At the AirBnB in Sunnyside Queens, at 43-40 40th street, Apartment #2B after I got home from work there is bumping around above me on the third floor. It wouldn't surprise me if I get a strong directed energy attack today. Sunday's or the weekend tend to be a popular time for heavy targeting for some reason. Sure, enough a strong directed energy hit when lying down to sleep. I could feel it to the face, mouth, neck and head like there was a strong pulse of directed energy. I wrapped a t-shirt around my head and blue jeans around my neck with mylar blanket on top before falling asleep. More banging round on the third floor above could be heard. I woke up around 2PM.

Sunday to Monday 5/18/2020, Light to Heavy Targeting When taking a break at work to take a nap a little after 2:00 AM there was sub audible clicking noises in the right ear and directed energy targeting in the shoulder. There is light targeting at the top of the head and stomach around 5:30 AM in the Command Center at work. It's normal for the directed energy activity to start up after 4:00 AM in the Command Center at work and continue until I'm

relieved from post at 7:00 AM. There was strong targeting to the stomach before I was relieved from post around 6:45 AM. I believe at work the directed energy equipment is concealed above me and remote controlled from somewhere. There's an audible click sound coming from the ceiling that coincides with being hit with directed energy. Who's actually pushing the button to inflict pain is the million dollar question.

Monday 5/18/2020, Light to Heavy Targeting
Woke up a little after two PM at the AirBnB rental in 43-40 40th street, Apartment #2B, Sunnyside Queens. Some light targeting to the head. Went to do laundry and buy some groceries. Notice a police car where the 7 train subway is at close proximity to the AirBnB. When trying to squeeze in a few hours sleep in the evening before work some more directed energy assaults to the face, eyes, stomach, behind, and head from the third floor above. The modus operandi appears to cause sleep deprivation or target during sleep. This has been the case since the Spring of 2013 when I first became targeted with Raytheon's Active Denial/Silent Guardian pain ray type harassment both at work and in my room rentals. This has to involve counter-terrorism, Homeland Security in order to get inside people's apartments in my opinion. It reminds me of the story of [Larry Sanchez](#) who was with the CIA and worked with the NYPD to stalk Muslims. As I was leaving the AirBnB at 43-40 40th street, Apartment #2B, Sunnyside Queens, I noticed the name for Apartment #3B was removed from the mail boxes and also the front door directory to buzz people in. Coincidence? Too funny. I will have to take a picture tomorrow morning.

Tuesday 5/19/2020, Light to Heavy Targeting

During the Monday night into Tuesday morning shift at work in Lower Manhattan I was targeted in the eyes like little pricks. In the morning I returned to the AirBnB at 43-40 40th street, Apartment #2B, Sunnyside Queen but who's the tenant in Apartment #3B? The (perp) apartment above me where I'm getting hit with directed energy. There is no name on the mailboxes, it looks like it was recently removed from the building directory near the front door and the letter "B" was removed from the third floor door unlike other third floor doors that still have the number and letter (see photos).

Tuesday 5/19/2020 PM, A break to light targeting

After waking up from the AirBnB in Sunnyside Queens, I did food App deliveries on my bike. There was some targeting to the teeth, and as I was returning late evening at the Port Authority, Times Square subway platform I has hit or zapped in the stomach.

Wednesday May 20, 2020. A break to moderate activity

There was little to no activity during the night but while sleeping early morning 6-8 AM there was targeting to the face and head partially waking me up. I could hear the directed energy make a crinkle sound on the mylar blanket while laying perfectly still. In this YouTube video from February there is a weird waving up and down motion on the mylar blanket placed on top of me. It's strange because I'm not breathing at a fast pace and if you listen very carefully you can hear a crinkle sound as I lay perfectly still.

Thursday May 21, 2020. A break to pain in the neck, rhinitis/ nasal inflammation

Light activity overnight or in the morning during my day off from work at the AirBnB in Sunnyside Queens, New York. Some pain in the neck and rhinitis/ nasal inflammation like my days off last week. Also noticed itching powder placed in my clean shirts as if someone is going through my room. I didn't tape up my clothes bags. I'm will to bet though the directed energy assaults will pick up Thursday evening to Monday where there will be some strong days of activity both at the room rental and at work in Lower Manhattan as it always happens. A pattern of abusive behavior.

Friday May 22, 2020. Strong activity in the morningBefore getting off work in Lower Manhattan there was some light directed energy and upon returning to the Airbnb in Sunnyside Queens there was strong directed energy while trying to sleep around 9:00 AM. Clicking sounds could be heard from the mylar blanket placed on top of me as demonstrated in the video below.

Saturday May 23, 2020. Strong activity at work, middle of the night early AM At work in Lower Manhattan targeted on my break around 3:00 AM in the head, mouth, and also the stomach before getting off work 6-7 AM with bruising to the touch. Also some electrical quivering around the lips. Fell asleep at the Airbnb in Sunnyside Queens, woke up in the afternoon to pee, for some reason after getting microwaved it makes me pee a lot like the body retains water, finally woke up after 3PM. There was some rhinitis/ nasal inflammation and low audible ticks of clicks could be heard inside the right ear. Some people use terms like voice-to-skull or V2K, the Frey effect or Microwave auditory effect, I don't know how its done or the purpose. I speculate the little clicks have something to do with the equipment like honing in on the targeted person, testing the strength of the signal. During Saturday evening there was strong directed energy activity to the head and shoulder before going to work.

Sunday May 24, 2020. Strong activity at work early AM to light at homeFrom 11PM to 3AM there was strong directed energy activity at work to the head and shoulders and mouth, tongue. It eased up toward the end of my shift. Little activity at the Airbnb in Sunnyside Queens and picked up in the evening where my mouth was targeted with scraped or singed tongue before work in the evening around 8:30-9:00 PM.

Monday May 25, 2020. Memorial Day, A break in activityVery little targeting at work and upon returning to the Airbnb rental in Sunnyside Queens, there only appeared to be some targeting to the neck and shoulders but very light activity. There is usually a break on holidays. It points to the perpetrators abusing directed energy being on a payroll.

Tuesday May 26, 2020. Moderate targetingTargeted in head and mouth, tongue at work in Lower Manhattan at 12-3 AM Monday evening into Tuesday. Targeted in stomach before leaving work at 6:30 AM. Targeted at Airbnb in Sunnyside Queens at 1:30PM in stomach while trying to sleep.

Wednesday May 27, 2020. A break to light targeting.My day off from work. Targeted during the morning in the shoulders. Light targeting when I tried to sleep at night at the Airbnb in Sunnyside Queens, NY. Some fake cold symptoms with a sniffle but not as strong as last week.

Thursday May 28, 2020. Light targeting, fake cold. At Airbnb rental in Sunnyside Queens felt bumping some underneath some targeting to face, head. Fake cold symptoms. Took bike out during the late afternoon evening before work. Went to my a security guard job in Lower Manhattan. Targeting to mouth, tongue during the night shift early AM hours, some pain to the shoulder.

Friday, May 29, 2020. Light to heavy targetingWhile sleeping at the Airbnb at Sunnyside Queens I was targeted in the stomach area. At work Saturday night into Sunday morning the targeting to the stomach region continued and was strong from 12:00 AM to 3:00 AM. Around 5:00-6:00 AM strong targeting to both the top of my head and stomach in the command center at work in lower Manhattan, New York.

Saturday, May 30, 2020.

While sleeping at the Airbnb at Sunnyside Queens targeted to face and head.

Sunday, May 31, 2020Targeted in head while trying to sleep.

Monday, June 1, 2020Light targeting at Hotel Harrington, Washington DC.

Tuesday, June 2, 2020Targeted in mouth during the evening leaving single marks while staying at Hotel Harrington, Washington DC.

Wednesday, June 3, 2020Targeted in mouth while outside Capital Hill and a ringing tone in ear during the evening while returning to New York riding Amtrak. Some rhinitis/ nasal inflammation.

Thursday, June 4, 2020Rhinitis/ nasal inflammation at the Airbnb, light targeting to top of the head.

Friday, June 5, 2020 Directed energy to the top of head, shoulders, stomach at the AirBnB room on 43-40 40th street, Apartment #2B, Sunnyside Queens, some bumping around heard from above Apartment #3B. Hit at work tongue and top of the head with directed energy during the late night early morning hours.

Saturday, June 6, 2020 Hit at Airbnb at 43-40 40th street, Apartment #2B, Sunnyside Queens, while trying to sleep. Macbook feels hot when on the internet.

Sunday, June 7, 2020 Strong Activity Pen or needle pricking sensation on the very top of head in the evening and some pen needle pricking sensation to the eyes when trying to sleep at the AirBnB in Sunnyside Queens and later at work in lower Manhattan during the night shift early morning hours.

Monday, June 8, 2020. Targeted while trying to sleep late morning to the head and stomach. A break in activity during the evening.

Tuesday, June 9, 2020. A break in activity at 43-40 40th street, Apartment #2B, Sunnyside Queens, NY.

Wednesday, June 10, 2020. Rhinitis/ nasal inflammation at the Airbnb, fatigue to the neck. Moved to an Airbnb in Brooklyn at 162 Sumpter Street, Brooklyn, NY 11233.

Thursday, June 11, 2020. Rhinitis/ nasal inflammation at the Airbnb at 162 Sumpter Street, Brooklyn, NY 11233, fatigue to the neck. Targeted in head at work 2:00 AM.

Friday, June 12, 2020. Targeted in head at work after 5:00 AM.

Saturday, June 13, 2020. Heavy targeting at work, head and stomach. Light targeting at Airbnb rental in Brooklyn at 162 Sumpter Street, Brooklyn, NY 11233.,

Sunday, June 14, 2020. Light targeting at work. Light targeting at Airbnb rental in Brooklyn at 162 Sumpter Street, Brooklyn, NY 11233,. Targeting at mouth/ tongue during the evening during start at work in Lower Manhattan.

Monday, June 15, 2020. Heavier targeting at Airbnb in Brooklyn while trying to sleep in the afternoon at 162 Sumpter Street, Brooklyn, NY 11233.,

Tuesday, June 16, 2020. Strong activity when lying down to sleep at Airbnb in Brooklyn at 162 Sumpter Street, Brooklyn, NY 11233.,

Wednesday, June 17, 2020 Moved to another Airbnb weekly rental in Brooklyn, 351 Schenck Ave, Brooklyn NY. A break in activity or light activity detected.

Thursday, June 18, 2020 Itching powder was put in my uniform shirt at work. Light to moderate directed energy sensation at work.

Friday, June 19, 2020 A build up of directed energy sensation can be felt during the morning and afternoon. Light tinnitus sensation.

Saturday, June 20, 2020 A break in activity or little activity. Scratchy feeling in throat while at work during the overnight shift. Sunday, June 21, 2020 A build up of directed energy sensation at rental room in Brooklyn, 351 Schenck Ave, Brooklyn NY. around 3PM. Top of the head, throat while trying to eat. MacBook felt hot.

Monday, June 22, 2020 MacBook felt hot at Airbnb on 351 Schenck Ave, Brooklyn NY. Light directed energy to the top of the head during the late afternoon and evening.

Tuesday, June 23, 2020 Light directed energy sensation on an American Airlines flight from Chicago to Los Angeles (LAX) and shortness of breath at high altitudes. Checked in to Airbnb room at 209 North Dalton Ave, Azusa, California late at night.

Wednesday, June 24, 2020 At Airbnb room at 209 North Dalton Ave, Azusa, California. Visited my mom in Pasadena. Little to no activity felt.

Thursday, June 25, 2020 My rental car had a Azusa parking ticket. Fake cold or cough symptoms while visiting my mom. During the evening strong electronic harassment activity at the Airbnb room at 209 North Dalton Ave, Azusa, California. Throat, stomach, shoulders targeted. An Azusa police patrol car was observed outside the AirBnB rental giving another traffic ticket for not liking how the rental car was parked.

Friday, June 26, 2020

Moved from Airbnb room in Azusa due to traffic ticket problem. Urinated a lot after leaving Airbnb in Azusa. Seems to be a bio-effect from a directed energy assault. The body retains water. Now staying at a two story house that advertises as a hotel South of Pasadena, closer to Los Angeles. Feel light directed energy to the top of the head. See a Wi-Fi signal called "FBI VSV 06" (pictured below). Sometimes "FBI Surveillance Van" would be a Wi-fi signal observed while living in New York. I can also feel my MacBook getting hot again.

Saturday, June 27, 2020 Targeted on head while lying down on hotel named Pads on Pasadena Ave in Los Angeles, CA. Some nasal inflammation.

Sunday, June 28, 2020 Targeted on head while lying down on hotel named Pads on Pasadena Ave in Los Angeles, CA.

Monday, June 29, 2020 Targeted on head while lying down on hotel named Pads on Pasadena Ave in Los Angeles, CA. African American male staying at the hotel was observed staring through the window while standing on the staircase outside. I walked toward the window and he walked down the stairs.

Tuesday, June 30, 2020 Itching powder, tiny white hair and fibers was observed put in clothes in hotel and in my job interview clothes kept in the rental car.

Wednesday, July 1, 2020 - A break in targeting.

Thursday July 2nd - targeted on chest, pain to heart area in rental car in Los Angeles on the way to the airport, LAX. Friday July 3rd - Checked in to Airbnb in Brooklyn, New York, the same address before going to California: 351 Schenck Avenue, Brooklyn, NY 11207, United States. Targeted on head at work at 3:00 AM after returning to my security job in Lower Manhattan. Saturday July 4th - Targeted on head, clicking noises in command center at 2:00 AM at work in Lower Manhattan, strong targeting 4-5AM to head and stomach. Some bumping around heard above me while at the Airbnb in Brooklyn, NY. Sunday July 5th - Itching powder in clothes and bed at Airbnb, targeted at work 4:00 AM in the morning on top of the head, audible clicking noises in the command center at work in Lower Manhattan.

Monday July 6th - A break in targeting at work, targeting at Airbnb room rental while trying to sleep, burning or discomfort to eyes during the evening.

Tuesday July 7th - Targeted at work in the command center at 12:30 AM and 4-6 AM top of head. A break in activity during the day at Airbnb.

Wednesday July 8th - A build up of directed energy during the evening, rhinitis/ nasal inflammation late night, early morning.

Thursday July 9th - At 6PM targeted on my head, burning sensation the the eyes while in Airbnb room at 351 Schenck Avenue, Brooklyn, NY 11207, United States. Bumping heard on the floor above me.

Friday July 10th - 12:20 AM targeted on head at work. Moved to an Airbnb room in Bushwick, Brooklyn, NY located at 844 Monroe Street. The room is on the second floor with the window facing the street.

Saturday July 11th - Early AM a break in activity at work. Directed energy builds up at the Airbnb room during the evening around 6-7 PM, some bumping around can be heard coming from the room next to mine or bumping below, low audible clicks in the right inner ear could also be detected. Strong targeted on head during the evening while going to work.

Sunday July 12th - Saturday evening into Sunday morning shift at work at 2:30 AM and 4:00AM targeted on the head at work. A break in activity at Airbnb during the morning.

Monday July 13th - Sunday evening into Monday morning overnight shift at work in Lower Manhattan, targeted in tongue/mouth when trying to eat lunch in security command center. A break in activity at Airbnb during the morning. MacBook felt hot after waking up around 4-5 PM. Directed energy activity picks up during the evening 7-9 PM at Airbnb room. Targeted top of the head, shoulders, while laying down on be burning eyes, picking feet.

Tuesday July 14th - Monday night into the Tuesday morning overnight shift at work in Lower Manhattan, targeted in tongue/mouth with soreness inside the cheeks, also targeted on top of the head around 12:30 AM, activity picks up again around 4-5 AM. Targeted in the eye after waking up at the Airbnb in Brooklyn around 2:30-3:00 PM, a burning, pricking sensation and top of head.

Wednesday July 15th - Day off from work, soreness inside the cheeks, woke up around noon time at Airbnb, soreness in shoulder bone.

Thursday July 16th - Moved to an Airbnb in Canarsie, Brooklyn. A break in activity. Little to light activity at work in Lower Manhattan that picked up around 4:00 AM Friday morning.

Friday July 17th - Targeted in stomach while trying to sleep at Airbnb, targeted in eyes with burning sensation during the evening, some shoulder bone pain.

Saturday 7-18-2020 break in activity at Airbnb Sunday 7-19-2020 3:00 AM targeted at work on head, stomach and head 4-7 AM. Targeted to stomach at Airbnb room while sleeping during the morning, afternoon.

Monday 7-20-2020 - Early AM targeting at work in stomach, Targeted at Airbnb while trying to sleep during the morning, afternoon, and evening.

Tuesday 7-21-2020 Targeted in the morning while trying to sleep at Airbnb in Brooklyn, NY.

Wednesday 7-22-2020 Targeted in face, head while trying to sleep during the morning

Thursday 7-23-2020. Targeted in face, head while trying to sleep during the morning and targeted on foot in Airbnb in Carnise, Brooklyn during the evening.

Friday 7-24-2020. Early Friday morning at work around midnight targeted on foot and at 2:00 AM targeted in head and mouth, tongue at work in Lower

Manhattan. Around 3-7 AM targeted in the foot in Command center at work creating soreness sensation, Moved to a rental room on 381 Edgecombe Avenue in Washington Heights. Targeted on the head while laying down on the bed to take a nap in the evening before work.

Saturday 7-25-2020. Itching powder put in clothes. Targeted in the stomach and feet at work 2:00 AM and 4-7 AM. Break in targeting at room rental on 381 Edgecombe Avenue.

Sunday 7-26-2020. Targeting at work to head and stomach 4-7 AM in the morning. Targeted in the stomach at room rental on 381 Edgecombe Avenue.

Monday 7-27-2020. Light targeting at work during the early AM hours.

Tuesday 7-28-2020. Day off from work. Light targeting to a break in activity at 381 Edgecombe Avenue.

Wednesday 7-29-2020. Day off from work. Light targeting to a break in activity at 381 Edgecombe Avenue.

Thursday 7-30-2020. Targeted in head, mouth, shoulders while trying to sleep at 2:00 PM in the afternoon at 381 Edgecombe Avenue. Bumping heard on the floor above.

Friday 7-31-2020, targeting at work, stomach.

Saturday 8-1-2020, targeting at home heavy targeting at work.

Sunday 8-2-2020, a break in targeting at home, heavy targeting at work.

Monday 8-3-2020, 4:00 AM at work stomach, heavy targeting at home.

Tuesday 8-4-2020, light targeting, a break in activity at home.

Wednesday 8-5-2020, light targeting to the shoulder blade, stomach during day off from work walking around Coney Island, NY during the afternoon and evening.

Thursday 8-6-2020, build up in targeting in rental room on 381 Edgecombe Avenue, stomping and shuffling around above my head. Targeted while trying to sleep in the evening to the eyes, head, stomach.

Friday 8-7-2020, light targeting at work in Lower Manhattan in the early AM hours at after 1:00 AM to the stomach and after 4:00 AM. Clicking noises could be heard from the ceiling tiles above me in the security command center where I sit down.

Saturday 8-8-2020, light targeting on the back and light ringing in the ear while trying to sleep at room rental.

Sunday 8-9-2020, targeted in top of head at 1:00-2:00 AM and stomach at 3:00-5:00 AM at work in Lower Manhattan, NY.

Monday 8-10-2020, heavy targeting at room rental in Washington Heights, New York, targeted in the stomach in the rental room on 381 Edgecombe Avenue.

Tuesday 8-11-2020, light targeting to the stomach at work in Lower Manhattan.

Wednesday 8-12-2020, break in activity.

Thursday 8-13-2020, Man seen exiting apartment above mine with luggage "1D" name "Beltree" on mailbox and getting mail in the morning. Targeted to stomach during the evening

Friday 8-14-2020. Light targeting to break in activity during the morning. Targeted in head during the evening.

Saturday 8-15-2020. Light activity targeting stomach. I noticed itching powder was put in uniform at work when arriving during the evening.

Sunday 8-16-2020. Targeted in mouth at room rental in Washington Heights while trying to eat upon returning to work; targeted while trying to sleep. Targeted in stomach at work during the early AM hours, some blood was observed in my stool.

Monday 8-17-2020. Light targeting at work.

Tuesday 8-18-2020. Day off from work. Targeting during the late evening anal region while laying down on bed in rental room.

Wednesday 8-19-2020. Day off from work. Light targeting to head and some targeting to the ear while at the beach at Coney Island, NY.

Thursday 8-20-2020. Light targeting to mouth, tooth, gum discomfort during the afternoon in rental room in Washington Heights, New York. Some bumping around heard from the room above. MacBook blacked out by itself on several occasions and had to restart. Targeted in chest, heart while trying to sleep during the evening before work.

Friday 8-21-2020. Itching powder observed in uniform pants at work. Took some video. Fibers can be seen floating toward the end of the video.

Saturday 8-22-2020. Light targeting at work. Stronger targeting at room

rental to head and stomach. Sunday 8-23-2020. Light to medium targeting at work to stomach and fingers during the early AM hours. At rental room strong activity during the morning and afternoon to hands, head, face, and stomach. Some residual pain to the bladder or stomach during the evening.

Monday 8-24-2020. Light targeting to a break in activity at work.

Tuesday 8-25-2020. Targeting at room rental to stomach during the afternoon. Day off from work.

Wednesday 8-26-2020. Light targeting to a break in targeting at room rental. Day off from work.

Thursday 8-27-2020. Some targeting to head and feet during the late afternoon, evening while laying down to sleep.

Friday 8-28-2020. Targeted in mouth, tongue at work in Lower Manhattan while eating at around 2:00 AM. Audible clicking noises from ceiling could be heard. Banging around the room above and targeting in the stomach and head while trying to sleep in room rental in Washington Heights.

Saturday 8-29-2020. Targeted top of the head with directed energy during the evening.

Sunday 8-30-2020. A break in targeting at home or during the evening.

Monday 8-31-2020. A build up of targeting at work in Lower Manhattan during the early AM hours.

Tuesday 9-1-2020. Light targeting at work in Lower Manhattan.

Wednesday 9-2-2020. Rhinitis, nasal discomfort. Strong targeting on head in rental (repel effect) room.

Thursday 9-3-2020. A break in activity slept long.

Friday 9-4-2020. Targeted at room rental while trying to sleep during the morning

Saturday 9-5-2020. Light tinnitus, ear discomfort at work. Audible clicking noises in command center at work in Lower Manhattan.

Sunday 9-6-2020. Light tinnitus, ear discomfort at work early AM. Some discomfort to stomach when waking up in rental room. Some directed energy sensation, rhinitis, nasal discomfort when on subway.

Monday 9-7-2020. Rhinitis, nasal discomfort continues in the morning hours.

Tuesday 9-8-2020. Targeted in room rental. Woke up around 5:00 PM and there was soreness in the stomach. I heard stomping around from the room above and noticed some soreness in the shoulders. The directed energy wasn't intense but still noticeable.

Wednesday 9-9-2020. Targeted in room rental. Woke up around 12:00 PM and there was heard stomping around from the room above and noticed light directed energy.

Thursday 9-10-2020. A build up in directed energy targeting at room rental in Washington, Heights, New York. Pricking sensation to the eyes while trying to sleep during the afternoon.

Friday 9-11-2020. Moderate to strong activity at work in Lower Manhattan during the early AM hours. Targeted to the top of head ([repel effect](#)), eyes, stomach. Upon returning home from work in the late morning hours I received strong targeting while laying on the bed to sleep where a portion of my body hit all at once (the [goodby effect](#)) from the head, eyes, throat, mouth to chest, and stomach.

Saturday 9-12-2020. Directed energy (repel effect) at work to top of head around 3:00 AM and 6:30 AM. Targeted at room rental while trying to sleep during the evening (repel effect) to the head.

Sunday 9-13-2020. Strong directed energy at work in Lower Manhattan the security command center while the Electrician shut off electricity and only back up lighting was on between 6:30 AM - 7:00 AM. Audible clicks could be heard from ceiling. Targeted on top of head (repel effect).

Monday 9-14-2020. Directed energy (repel effect) to stomach while trying to sleep in rental room in Washington Heights, New York around 1:00 PM.

Tuesday 9-15-202. Directed energy (repel effect) to stomach while on security patrol at work in Lower Manhattan around 4:00 AM. Bumping around above me and targeting to the stomach while sitting on chair in rental room at 381 Edgecombe Avenue in Washington Heights, New York during the evening.

Wednesday 9-16-2020. Bumping around above me and targeting to the head, eyes, shoulder blade while sitting on chair in rental room at 381 Edgecombe Avenue in Washington Heights, New York during the afternoon.

Thursday 9-17-2020. A break in activity at work and room rental.

Friday 9-18-2020. Targeted during the evening in the stomach around 7:00 PM.

Saturday 9-19-2020. targeted at work in Lower Manhattan during the early AM hours in the stomach.

Sunday 9-20-2020. Targeted while sleeping at rental room. After waking up around 7:00PM there was bruising mark on each side of the ribs.

Monday 9-21-2020. Light targeting to head, stomach, feet in room rental on 381 Edegecombe Ave, New York, NY.

Update: No more daily updates due to time constraints. There will be a monthly update instead.

Monthly Update:

October 2020. Long distance type targeting with tinnitus in left ear while driving in LA, CA area. Targeting to stomach and anal region as a security guard watching an empty lot at night in Canoga Park in the San Fernando Valley region of Los Angeles, California. Didn't start up right away but after some time working there. Strong some days like late week, weekend.

November 2020. In LA, CA area. Targeting to rear, tail bone area while driving and trying to sleep. Some days the activity is strong. Usually the weekend, Sunday but days can vary. The same parked car or van that is always in a parking lot was observed but can't say for sure if there is any involvement.

December 2020. In LA, CA/ San Fernando Valley area. Targeting to rear, tail bone area while driving and trying to sleep. In mid to late December I started to become targeted more in the stomach area, head, and nostril. Some days Rhinitis, nasal discomfort. Strong activity on Sundays. LA Police sometimes observed parked in proximity while resting in my car after being targeted.

January 2021. In LA, CA/ Pasadena/ San Fernando Valley area. Targeting to the stomach, rear, back while working making deliveries and during sleep time.

February 2021. In LA, CA/ Pasadena/ San Fernando Valley area. Targeting to the stomach, rear, eyes, lips, mouth while working driving making deliveries and during sleep. I started a [daily targeting log playlist](#) on YouTube to document daily occurrences. Also started a new documentary on my UFO research and directed energy targeting entitled [Electromagnetic](#).

March;April;May;June;July 2021. In Los Angeles, Pasadena, Canoga Park. Itching powder put in clothes-black bag activity; directed energy to the stomach and neck/back, goodby effect (strong directed energy attack) while trying to sleep.

August to end of 2021. Itching powder put in clothes-black bag activity; directed energy to the stomach, pricking or burning of eyes, targeting to the mouth; strong DE attacks while sleeping; also sometimes Rhinitis or nasal discomfort; fatigue after waking up. Police have a change in attitude after being pulled over and checking my drivers license the handing it back; driving off like I am on a watch-list.

The Year 2022:

Much of the same targeting while working and living in my car in the Pasadena, Canoga Park, Thousand Oaks, Malibu area of Los Angeles. In 2022 there was strong targeting to the stomach of bladder, later in the spring and start of summer strong directed energy targeting to the back of head, neck, and left arm especially while driving. Also pricking or burning of the eyes with black eye or bruising sensation afterward. The [repel effect](#) (Active Denial) where a strong attack is felt over face and body while trying to sleep still persisted in 2022. Black bags and itching powder put in my clothes after laundry still persisted. My mother or family member (targeted family) living in a retirement home in Pasadena still reports harassment. Other activity is still the same like my electronic device - iPhones and MacBook becoming hot and overheated. The iPhones quickly become drained switching to Low Power Mode in settings. Also what appears to be malpractice in having complications in dental work with the dentist exhibiting a change in behavior after repeated visits. It was also observed the LAPD appears to detect something when I'm pulled over like I'm on a [watch-list](#) exhibiting odd behavior or pulls behind the car running the license plate and then driving off. Also ["box-in"](#) activity where a squad car appears frequently as if my position is being monitored. It is my firm believe that the DoJ-FBI-JTTF in cooperation with the sheriff department and private threat mitigation or intelligence contractors are the culprits in the abuse or what they term ["disruption activity"](#) is due to a lack of transparency and the desire to justify counter-terrorism spending; testing new technologies - in this case [non-lethal weapons](#).